

TRIPLE THREAT TRY-A-TRI

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	CHAD DEPREZ	WINNIPEG, CAN	TRIATHLETE	75	00:52:31.63	3:13/k	18.6kph	M	99	
	Swim >	0:08:28.343 (0:08:28.343)								
	Bike >	0:28:26.680 (0:36:55.023)								
	Run >	0:15:36.607 (0:52:31.630)								
2	BRENDAN THEISSEN	WINNIPEG, CAN	TRIATHLETE	73	00:55:33.43	3:24/k	17.6kph	M	32	
	Swim >	0:09:42.337 (0:09:42.337)								
	Bike >	0:29:33.490 (0:39:15.827)								
	Run >	0:16:17.603 (0:55:33.430)								
3	KEVIN ANSEEUW	OAK BLUFF, Man	TRIATHLETE	61	01:00:31.21	3:43/k	16.2kph	M	56	
	Swim >	0:10:18.300 (0:10:18.300)								
	Bike >	0:34:07.183 (0:44:25.483)								
	Run >	0:16:05.727 (1:00:31.210)								
4	PIERRE CAMPEAU	WINNIPEG, Man	TRIATHLETE	67	01:03:47.51	3:55/k	15.3kph	M	55	
	Swim >	0:12:39.830 (0:12:39.830)								
	Bike >	0:32:17.187 (0:44:57.017)								
	Run >	0:18:50.493 (1:03:47.510)								
5	MIKE MORAWSKI	WINNIPEG, Man	TRIATHLETE	64	01:03:59.35	3:56/k	15.3kph	M	43	
	Swim >	0:10:54.850 (0:10:54.850)								
	Bike >	0:33:58.510 (0:44:53.360)								
	Run >	0:19:05.990 (1:03:59.350)								
6	MARK FRIESEN	WINNIPEG, Man	TRIATHLETE	62	01:06:44.15	4:06/k	14.7kph	M	48	
	Swim >	0:11:55.387 (0:11:55.387)								
	Bike >	0:36:12.426 (0:48:07.813)								
	Run >	0:18:36.337 (1:06:44.150)								
7	MATT AWANG	WINNIPEG, Man	TRIATHLETE	65	01:08:05.29	4:11/k	14.4kph	M	33	
	Swim >	0:10:34.740 (0:10:34.740)								
	Bike >	0:38:22.643 (0:48:57.383)								
	Run >	0:19:07.907 (1:08:05.290)								
8	MELANIE BERNADSKY	ST.ANDREWS,	TRIATHLETE	58	01:08:53.31	4:14/k	14.2kph	F	43	
	Swim >	0:09:56.573 (0:09:56.573)								
	Bike >	0:39:09.487 (0:49:06.060)								
	Run >	0:19:47.250 (1:08:53.310)								
9	JOUVETTE TABINGA	WINNIPEG, Man	TRIATHLETE	56	01:09:41.15	4:17/k	14.0kph	M	46	
	Swim >	0:11:02.077 (0:11:02.077)								
	Bike >	0:37:32.200 (0:48:34.277)								
	Run >	0:21:06.873 (1:09:41.150)								
10	KERRY FREDBORG	ILE DES CHENES, MB ROA0T0, Man	TRIATHLETE	69	01:13:31.22	4:31/k	13.3kph	F	36	
	Swim >	0:09:34.160 (0:09:34.160)								
	Bike >	0:40:27.337 (0:50:01.497)								
	Run >	0:23:29.723 (1:13:31.220)								
11	DAVID DENSMORE	WINNIPEG, Man	TRIATHLETE	70	01:16:06.61	4:40/k	12.9kph	M	69	
	Swim >	0:13:00.297 (0:13:00.297)								
	Bike >	0:40:41.433 (0:53:41.730)								
	Run >	0:22:24.880 (1:16:06.610)								
12	CECIL DE GUZMAN	WINNIPEG, CAN	TRIATHLETE	74	01:16:21.15	4:41/k	12.8kph	M	99	
	Swim >	0:14:24.280 (0:14:24.280)								
	Bike >	0:38:52.580 (0:53:16.860)								
	Run >	0:23:04.290 (1:16:21.150)								
13	JAY SORIANO	WINNIPEG, Man	TRIATHLETE	57	01:16:30.15	4:42/k	12.8kph	M	33	
	Swim >	0:12:57.600 (0:12:57.600)								
	Bike >	0:39:46.430 (0:52:44.030)								
	Run >	0:23:46.120 (1:16:30.150)								
14	LARA RYAN	WINNIPEG,	TRIATHLETE	72	01:18:41.89	4:50/k	12.4kph	F	47	
	Swim >	0:11:43.413 (0:11:43.413)								
	Bike >	0:43:58.894 (0:55:42.307)								
	Run >	0:22:59.583 (1:18:41.890)								
15	KARLA BURR	WINNIPEG, Man	TRIATHLETE	66	01:26:58.61	5:20/k	11.2kph	F	41	
	Swim >	0:12:55.557 (0:12:55.557)								
	Bike >	0:41:29.633 (0:54:25.190)								
	Run >	0:32:33.420 (1:26:58.610)								
16	SHEREE MIJARES	WINNIPEG, Man	TRIATHLETE	59	01:32:03.10	5:39/k	10.6kph	F	41	
	Swim >	0:16:24.213 (0:16:24.213)								
	Bike >	0:50:50.864 (1:07:15.077)								
	Run >	0:24:48.023 (1:32:03.100)								