

TRIPLE THREAT SPRINT

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	TREVOR PENNER	WINNIPEG, CAN	TRIATHLETE	199	01:18:05.00	2:28/k	24.4kph	M	26	
	Swim >	0:12:50.697 (0:12:50.697)								
	Bike >	0:46:35.350 (0:59:26.047)								
	Run >	0:18:38.953 (1:18:05.000)								
2	BRYCE JENKINS	WINNIPEG, Man	TRIATHLETE	134	01:19:16.48	2:30/k	24.0kph	M	18	
	Swim >	0:12:29.890 (0:12:29.890)								
	Bike >	0:46:10.404 (0:58:40.294)								
	Run >	0:20:36.186 (1:19:16.480)								
3	DAVE LIPCHEN	WINNIPEG, CAN	TRIATHLETE	202	01:20:01.86	2:31/k	23.8kph	M	39	
	Swim >	0:15:29.954 (0:15:29.954)								
	Bike >	0:44:39.253 (1:00:09.207)								
	Run >	0:19:52.653 (1:20:01.860)								
4	NOAH WIENS	WINNIPEG, Man	TRIATHLETE	142	01:20:52.67	2:33/k	23.6kph	M	18	
	Swim >	0:14:43.690 (0:14:43.690)								
	Bike >	0:47:01.184 (1:01:44.874)								
	Run >	0:19:07.796 (1:20:52.670)								
5	JASON MCNICHOLL	WINNIPEG, Man	TRIATHLETE	149	01:26:58.23	2:44/k	21.9kph	M	43	
	Swim >	0:17:20.224 (0:17:20.224)								
	Bike >	0:48:42.186 (1:06:02.410)								
	Run >	0:20:55.820 (1:26:58.230)								
6	BRYAN VAN WILGENBURG	WINNIPEG, Man	TRIATHLETE	192	01:28:26.95	2:47/k	21.5kph	M	35	
	Swim >	0:17:13.394 (0:17:13.394)								
	Bike >	0:47:39.356 (1:04:52.750)								
	Run >	0:23:34.200 (1:28:26.950)								
7	HAILEE MORISSEAU	PORTAGE LA PRAIRIE, Man	TRIATHLETE	144	01:29:27.93	2:49/k	21.3kph	F	18	
	Swim >	0:14:24.007 (0:14:24.007)								
	Bike >	0:53:15.363 (1:07:39.370)								
	Run >	0:21:48.560 (1:29:27.930)								
8	MORGAN OTT	WINNIPEG, Man	TRIATHLETE	104	01:30:17.74	2:51/k	21.1kph	F	16	
	Swim >	0:12:51.730 (0:12:51.730)								
	Bike >	0:51:40.930 (1:04:32.660)								
	Run >	0:25:45.080 (1:30:17.740)								
9	ANDREW STUART-EDWARDS	WINNIPEG, Man	TRIATHLETE	194	01:30:29.87	2:51/k	21.1kph	M	44	
	Swim >	0:16:58.204 (0:16:58.204)								
	Bike >	0:50:57.080 (1:07:55.284)								
	Run >	0:22:34.586 (1:30:29.870)								
10	CHRISTA RUSK	WINNIPEG, Man	TRIATHLETE	164	01:31:36.47	2:53/k	20.8kph	F	45	
	Swim >	0:17:47.597 (0:17:47.597)								
	Bike >	0:49:27.493 (1:07:15.090)								
	Run >	0:24:21.380 (1:31:36.470)								
11	TIM RAWLINGS	WINNIPEG, Man	TRIATHLETE	133	01:32:28.82	2:55/k	20.6kph	M	51	
	Swim >	0:17:22.687 (0:17:22.687)								
	Bike >	0:52:04.737 (1:09:27.424)								
	Run >	0:23:01.396 (1:32:28.820)								
12	AL STEWART	WINNIPEG, Man	TRIATHLETE	110	01:33:05.77	2:56/k	20.5kph	M	66	
	Swim >	0:17:28.914 (0:17:28.914)								
	Bike >	0:50:46.543 (1:08:15.457)								
	Run >	0:24:50.313 (1:33:05.770)								
13	ROLAND PENNER	STEINBACH, Man	TRIATHLETE	170	01:33:30.27	2:57/k	20.4kph	M	38	
	Swim >	0:18:39.934 (0:18:39.934)								
	Bike >	0:50:50.386 (1:09:30.320)								
	Run >	0:23:59.950 (1:33:30.270)								
14	TARYN MORNINGSTAR	BRANDON, Man	TRIATHLETE	120	01:34:00.57	2:58/k	20.3kph	F	23	
	Swim >	0:13:47.564 (0:13:47.564)								
	Bike >	0:50:37.353 (1:04:24.917)								
	Run >	0:29:35.653 (1:34:00.570)								
15	CAMERON KRISKO	WINNIPEG, Man	TRIATHLETE	193	01:34:09.79	2:58/k	20.2kph	M	24	
	Swim >	0:17:21.854 (0:17:21.854)								
	Bike >	0:55:31.686 (1:12:53.540)								
	Run >	0:21:16.250 (1:34:09.790)								
16	GRANT MCMILLAN	WINNIPEG, CAN	TRIATHLETE	200	01:34:20.86	2:58/k	20.2kph	M	46	
	Swim >	0:18:26.304 (0:18:26.304)								
	Bike >	0:51:18.640 (1:09:44.944)								
	Run >	0:24:35.916 (1:34:20.860)								
17	KEVIN PETKAU	ARBORG, Man	TRIATHLETE	172	01:35:29.43	3:00/k	20.0kph	M	32	
	Swim >	0:18:38.667 (0:18:38.667)								
	Bike >	0:53:39.283 (1:12:17.950)								
	Run >	0:23:11.480 (1:35:29.430)								

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Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
18	JEAN-LOUIS GRATTON	WINNIPEG, Man	TRIATHLETE	130	01:35:41.03	3:01/k	19.9kph	M	41	
	Swim >	0:16:38.024 (0:16:38.024)								
	Bike >	0:54:52.750 (1:11:30.774)								
	Run >	0:24:10.256 (1:35:41.030)								
19	SOPHIE POIRIER COLE	WINNIPEG, Man	TRIATHLETE	107	01:36:13.10	3:02/k	19.8kph	F	22	
	Swim >	0:14:06.490 (0:14:06.490)								
	Bike >	0:56:21.270 (1:10:27.760)								
	Run >	0:25:45.340 (1:36:13.100)								
20	DEAN MORISSEAU	PORTAGE LA PRAIRIE, Man	TRIATHLETE	143	01:36:13.33	3:02/k	19.8kph	M	52	
	Swim >	0:20:39.314 (0:20:39.314)								
	Bike >	0:52:36.040 (1:13:15.354)								
	Run >	0:22:57.976 (1:36:13.330)								
21	RODNEY THIESSEN	WINNIPEG, Man	TRIATHLETE	102	01:37:31.51	3:04/k	19.5kph	M	50	
	Swim >	0:22:32.130 (0:22:32.130)								
	Bike >	0:48:47.994 (1:11:20.124)								
	Run >	0:26:11.386 (1:37:31.510)								
22	JASON RADFORD	WINNIPEG, Man	TRIATHLETE	158	01:37:46.21	3:05/k	19.5kph	M	48	
	Swim >	0:17:02.314 (0:17:02.314)								
	Bike >	0:53:52.710 (1:10:55.024)								
	Run >	0:26:51.186 (1:37:46.210)								
23	JENNY HALL	WINNIPEG, Man	TRIATHLETE	140	01:38:03.50	3:05/k	19.4kph	F	33	
	Swim >	0:15:21.290 (0:15:21.290)								
	Bike >	0:54:54.170 (1:10:15.460)								
	Run >	0:27:48.040 (1:38:03.500)								
24	THOMAS MITCHELL	EAST ST. PAUL, Man	TRIATHLETE	169	01:38:19.79	3:06/k	19.4kph	M	32	
	Swim >	0:18:37.364 (0:18:37.364)								
	Bike >	0:55:46.036 (1:14:23.400)								
	Run >	0:23:56.390 (1:38:19.790)								
25	KELLY MORRIS	WINNIPEG, Man	TRIATHLETE	171	01:38:55.11	3:07/k	19.3kph	M	44	
	Swim >	0:18:42.174 (0:18:42.174)								
	Bike >	0:55:12.593 (1:13:54.767)								
	Run >	0:25:00.343 (1:38:55.110)								
26	MARK BERGEN	LA SALLE, Man	TRIATHLETE	116	01:39:12.96	3:07/k	19.2kph	M	32	
	Swim >	0:17:50.550 (0:17:50.550)								
	Bike >	0:58:35.980 (1:16:26.530)								
	Run >	0:22:46.430 (1:39:12.960)								
27	SASHA LOEWEN	WINNIPEG, Man	TRIATHLETE	187	01:39:33.77	3:08/k	19.1kph	M	29	
	Swim >	0:18:37.240 (0:18:37.240)								
	Bike >	0:58:28.934 (1:17:06.174)								
	Run >	0:22:27.596 (1:39:33.770)								
28	SCOTT BRAUN	WINNIPEG, Man	TRIATHLETE	109	01:39:47.57	3:09/k	19.1kph	M	47	
	Swim >	0:18:46.637 (0:18:46.637)								
	Bike >	0:52:41.000 (1:11:27.637)								
	Run >	0:28:19.933 (1:39:47.570)								
29	CARI MILLER	BROCK, Man	TRIATHLETE	129	01:41:30.79	3:12/k	18.8kph	F	40	
	Swim >	0:18:30.400 (0:18:30.400)								
	Bike >	0:58:14.010 (1:16:44.410)								
	Run >	0:24:46.380 (1:41:30.790)								
30	CLINTON MACKINNON	EAST ST PAUL, Man	TRIATHLETE	156	01:42:34.43	3:14/k	18.6kph	M	39	
	Swim >	0:20:05.840 (0:20:05.840)								
	Bike >	0:58:10.960 (1:18:16.800)								
	Run >	0:24:17.630 (1:42:34.430)								
31	AMANDA LIEVERSE	WINNIPEG, Man	TRIATHLETE	125	01:43:07.95	3:15/k	18.5kph	F	37	
	Swim >	0:19:08.264 (0:19:08.264)								
	Bike >	0:59:55.176 (1:19:03.440)								
	Run >	0:24:04.510 (1:43:07.950)								
32	DARREN REIMER	STEINBACH, Man	TRIATHLETE	122	01:43:29.86	3:16/k	18.4kph	M	51	
	Swim >	0:19:34.170 (0:19:34.170)								
	Bike >	0:54:36.200 (1:14:10.370)								
	Run >	0:29:19.490 (1:43:29.860)								
33	ROBERT SMITH	OAKBANK, Man	TRIATHLETE	105	01:43:47.55	3:16/k	18.4kph	M	52	
	Swim >	0:19:40.784 (0:19:40.784)								
	Bike >	0:55:58.710 (1:15:39.494)								
	Run >	0:28:08.056 (1:43:47.550)								
34	GORD BELL	REGINA, Sas	TRIATHLETE	165	01:43:59.05	3:17/k	18.3kph	M	59	
	Swim >	0:22:43.064 (0:22:43.064)								
	Bike >	0:56:57.386 (1:19:40.450)								
	Run >	0:24:18.600 (1:43:59.050)								

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35	SCOTT MALCOLMSON	WINNIPEG, CAN	TRIATHLETE	197	01:45:15.30	3:19/k	18.1kph	M	31	
	Swim >	0:18:51.520 (0:18:51.520)								
	Bike >	1:04:09.584 (1:23:01.104)								
	Run >	0:22:14.196 (1:45:15.300)								
36	NORBERT PACHET	WINNIPEG, Man	TRIATHLETE	167	01:45:17.32	3:19/k	18.1kph	M	53	
	Swim >	0:19:52.154 (0:19:52.154)								
	Bike >	1:01:50.160 (1:21:42.314)								
	Run >	0:23:35.006 (1:45:17.320)								
37	ADAM MARCYNUK	WINNIPEG, Man	TRIATHLETE	118	01:45:51.81	3:20/k	18.0kph	M	34	
	Swim >	0:19:55.560 (0:19:55.560)								
	Bike >	0:59:50.000 (1:19:45.560)								
	Run >	0:26:06.250 (1:45:51.810)								
38	TONY HOESS	WINNIPEG, Man	TRIATHLETE	195	01:46:07.00	3:21/k	18.0kph	M	52	
	Swim >	0:19:58.614 (0:19:58.614)								
	Bike >	0:55:42.370 (1:15:40.984)								
	Run >	0:30:26.016 (1:46:07.000)								
39	ROB GRANTHAM	OAKBANK, Man	TRIATHLETE	196	01:46:12.18	3:21/k	17.9kph	M	52	
	Swim >	0:22:43.984 (0:22:43.984)								
	Bike >	0:57:16.073 (1:20:00.057)								
	Run >	0:26:12.123 (1:46:12.180)								
40	JEN ONYSKIE	WINNIPEG, Man	TRIATHLETE	101	01:46:31.35	3:21/k	17.9kph	F	37	
	Swim >	0:15:00.290 (0:15:00.290)								
	Bike >	1:02:36.834 (1:17:37.124)								
	Run >	0:28:54.226 (1:46:31.350)								
41	LARISSA DUECK	WINNIPEG, Man	TRIATHLETE	154	01:46:54.36	3:22/k	17.8kph	F	33	
	Swim >	0:17:28.524 (0:17:28.524)								
	Bike >	1:01:48.730 (1:19:17.254)								
	Run >	0:27:37.106 (1:46:54.360)								
42	SASHA THIEM	WINNIPEG, Man	TRIATHLETE	162	01:46:58.03	3:22/k	17.8kph	F	36	
	Swim >	0:17:18.974 (0:17:18.974)								
	Bike >	1:01:50.613 (1:19:09.587)								
	Run >	0:27:48.443 (1:46:58.030)								
43	MARIA QUINTAS	WINNIPEG, Man	TRIATHLETE	188	01:47:46.18	3:24/k	17.7kph	F	47	
	Swim >	0:17:39.864 (0:17:39.864)								
	Bike >	1:00:10.266 (1:17:50.130)								
	Run >	0:29:56.050 (1:47:46.180)								
44	PATRICIA DREWS	SASKATOON, Sas	TRIATHLETE	137	01:48:09.09	3:24/k	17.6kph	F	57	
	Swim >	0:17:52.354 (0:17:52.354)								
	Bike >	1:01:08.800 (1:19:01.154)								
	Run >	0:29:07.936 (1:48:09.090)								
45	KELLY MALCOLMSON	WINNIPEG, Man	TRIATHLETE	179	01:48:15.46	3:25/k	17.6kph	F	35	
	Swim >	0:17:12.040 (0:17:12.040)								
	Bike >	1:00:20.750 (1:17:32.790)								
	Run >	0:30:42.670 (1:48:15.460)								
46	ANDREW JANZ	RIVERS, Man	TRIATHLETE	121	01:48:23.96	3:25/k	17.6kph	M	38	
	Swim >	0:21:31.950 (0:21:31.950)								
	Bike >	1:00:46.107 (1:22:18.057)								
	Run >	0:26:05.903 (1:48:23.960)								
47	JOSH VEENSTRA	WINNIPEG, Man	TRIATHLETE	150	01:48:25.06	3:25/k	17.6kph	M	34	
	Swim >	0:19:43.374 (0:19:43.374)								
	Bike >	1:01:06.693 (1:20:50.067)								
	Run >	0:27:34.993 (1:48:25.060)								
48	PATRICK ROBERTS	WINNIPEG, Man	TRIATHLETE	136	01:48:26.67	3:25/k	17.6kph	M	42	
	Swim >	0:26:47.610 (0:26:47.610)								
	Bike >	0:54:55.927 (1:21:43.537)								
	Run >	0:26:43.133 (1:48:26.670)								
49	ANDREW FAST	WINNIPEG, Man	TRIATHLETE	124	01:48:41.51	3:25/k	17.5kph	M	22	
	Swim >	0:20:35.564 (0:20:35.564)								
	Bike >	0:58:08.860 (1:18:44.424)								
	Run >	0:29:57.086 (1:48:41.510)								
50	LYLE RANCE	SPERLING, Man	TRIATHLETE	177	01:48:45.70	3:26/k	17.5kph	M	63	
	Swim >	0:18:06.947 (0:18:06.947)								
	Bike >	0:58:51.340 (1:16:58.287)								
	Run >	0:31:47.413 (1:48:45.700)								
51	KYLE BLAQUIERE	WINNIPEG, Man	TRIATHLETE	106	01:49:09.75	3:26/k	17.5kph	M	47	
	Swim >	0:24:22.747 (0:24:22.747)								
	Bike >	1:00:52.340 (1:25:15.087)								
	Run >	0:23:54.663 (1:49:09.750)								

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52	TIM HAGUE	WINNIPEG, Man	TRIATHLETE	178	01:49:32.92	3:27/k	17.4kph	M	27	
	Swim >	0:19:54.547 (0:19:54.547)								
	Bike >	1:05:11.187 (1:25:05.734)								
	Run >	0:24:27.186 (1:49:32.920)								
53	MARK GRADT	WINNIPEG, Man	TRIATHLETE	157	01:49:39.02	3:27/k	17.4kph	M	40	
	Swim >	0:16:32.277 (0:16:32.277)								
	Bike >	1:01:14.110 (1:17:46.387)								
	Run >	0:31:52.633 (1:49:39.020)								
54	ASTRID DE BRUYN	WINNIPEG, Man	TRIATHLETE	183	01:50:05.72	3:28/k	17.3kph	F	53	
	Swim >	0:18:54.354 (0:18:54.354)								
	Bike >	1:00:20.256 (1:19:14.610)								
	Run >	0:30:51.110 (1:50:05.720)								
55	CURTIS WENNBURG	WINNIPEG, Man	TRIATHLETE	191	01:51:08.55	3:30/k	17.1kph	M	46	
	Swim >	0:19:11.544 (0:19:11.544)								
	Bike >	1:03:22.616 (1:22:34.160)								
	Run >	0:28:34.390 (1:51:08.550)								
56	JACQUELINE WOOD	WINNIPEG, Man	TRIATHLETE	160	01:51:41.12	3:31/k	17.1kph	F	41	
	Swim >	0:21:47.420 (0:21:47.420)								
	Bike >	1:00:31.730 (1:22:19.150)								
	Run >	0:29:21.970 (1:51:41.120)								
57	RYLEY DAVIDSON	WINNIPEG, Man	TRIATHLETE	108	01:51:44.17	3:31/k	17.0kph	M	29	
	Swim >	0:17:37.544 (0:17:37.544)								
	Bike >	1:00:42.750 (1:18:20.294)								
	Run >	0:33:23.876 (1:51:44.170)								
58	ALEJANDRO CASTANO OSPINA	WINNIPEG, Man	TRIATHLETE	184	01:51:58.50	3:32/k	17.0kph	M	29	
	Swim >	0:20:03.464 (0:20:03.464)								
	Bike >	1:31:55.026 (1:51:58.490)								
	Run >	0:00:00.010 (1:51:58.500)								
59	NICOLE MERCIER	WINNIPEG, Man	TRIATHLETE	113	01:52:48.44	3:33/k	16.9kph	F	62	
	Swim >	0:18:50.737 (0:18:50.737)								
	Bike >	1:02:57.543 (1:21:48.280)								
	Run >	0:31:00.160 (1:52:48.440)								
60	ELIANE DOMINGUE	WINNIPEG, Man	TRIATHLETE	139	01:53:37.73	3:35/k	16.8kph	F	38	
	Swim >	0:19:07.030 (0:19:07.030)								
	Bike >	1:01:08.107 (1:20:15.137)								
	Run >	0:33:22.593 (1:53:37.730)								
61	KAILEY KNAPP	WINNIPEG, Man	TRIATHLETE	168	01:53:58.65	3:35/k	16.7kph	F	27	
	Swim >	0:23:06.114 (0:23:06.114)								
	Bike >	0:59:09.543 (1:22:15.657)								
	Run >	0:31:42.993 (1:53:58.650)								
62	SANDRA BAINS	WINNIPEG, Man	TRIATHLETE	128	01:54:22.22	3:36/k	16.7kph	F	44	
	Swim >	0:19:39.644 (0:19:39.644)								
	Bike >	1:04:19.426 (1:23:59.070)								
	Run >	0:30:23.150 (1:54:22.220)								
63	JULIE VEENSTRA	WINNIPEG, Man	TRIATHLETE	151	01:54:30.90	3:36/k	16.6kph	F	32	
	Swim >	0:17:35.627 (0:17:35.627)								
	Bike >	1:05:46.340 (1:23:21.967)								
	Run >	0:31:08.933 (1:54:30.900)								
64	JAMES WOOD	WINNIPEG, Man	TRIATHLETE	161	01:54:36.26	3:37/k	16.6kph	M	47	
	Swim >	0:19:35.550 (0:19:35.550)								
	Bike >	1:01:13.160 (1:20:48.710)								
	Run >	0:33:47.550 (1:54:36.260)								
65	BRANDI BRYDGES	WINNIPEG, Man	TRIATHLETE	166	01:55:04.58	3:37/k	16.6kph	F	30	
	Swim >	0:21:33.704 (0:21:33.704)								
	Bike >	1:02:07.963 (1:23:41.667)								
	Run >	0:31:22.913 (1:55:04.580)								
66	JULIE SIMPSON	WINNIPEG, Man	TRIATHLETE	119	01:55:29.39	3:38/k	16.5kph	F	38	
	Swim >	0:19:50.964 (0:19:50.964)								
	Bike >	1:06:35.106 (1:26:26.070)								
	Run >	0:29:03.320 (1:55:29.390)								
67	HEIKE FUNK	STEINBACH, Man	TRIATHLETE	132	01:57:35.94	3:42/k	16.2kph	F	40	
	Swim >	0:20:45.610 (0:20:45.610)								
	Bike >	1:02:42.744 (1:23:28.354)								
	Run >	0:34:07.586 (1:57:35.940)								
68	MARLA FONTAINE	BRANDON, Man	TRIATHLETE	159	01:57:47.19	3:43/k	16.2kph	F	42	
	Swim >	0:20:33.430 (0:20:33.430)								
	Bike >	1:07:29.204 (1:28:02.634)								
	Run >	0:29:44.556 (1:57:47.190)								

TRIPLE THREAT SPRINT

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
69	VINCENT POST	WINNIPEG, Man	TRIATHLETE	186	01:57:58.72	3:43/k	16.1kph	M	35	
	Swim >	0:21:42.840 (0:21:42.840)								
	Bike >	1:02:14.824 (1:23:57.664)								
	Run >	0:34:01.056 (1:57:58.720)								
70	MATTHEW COOK	WINNIPEG, Man	TRIATHLETE	127	01:57:59.91	3:43/k	16.1kph	M	29	
	Swim >	0:21:59.890 (0:21:59.890)								
	Bike >	1:36:00.010 (1:57:59.900)								
	Run >	0:00:00.010 (1:57:59.910)								
71	MURRAY TERNOVETSKY	WINNIPEG, Man	TRIATHLETE	126	01:58:28.70	3:44/k	16.1kph	M	63	
	Swim >	0:22:47.650 (0:22:47.650)								
	Bike >	1:08:09.194 (1:30:56.844)								
	Run >	0:27:31.856 (1:58:28.700)								
72	JARED CAMPBELL	ST. ANDREWS, Man	TRIATHLETE	146	01:58:51.52	3:45/k	16.0kph	M	42	
	Swim >	0:19:34.420 (0:19:34.420)								
	Bike >	1:02:08.257 (1:21:42.677)								
	Run >	0:37:08.843 (1:58:51.520)								
73	CHARLES SUDOM	AVONLEA, Sas	TRIATHLETE	123	01:59:31.34	3:46/k	15.9kph	M	53	
	Swim >	0:25:20.957 (0:25:20.957)								
	Bike >	1:04:17.573 (1:29:38.530)								
	Run >	0:29:52.810 (1:59:31.340)								
74	SEAN CEASAR	WINNIPEG, CAN	TRIATHLETE	198	02:00:32.87	3:48/k	15.8kph	M	49	
	Swim >	0:16:50.587 (0:16:50.587)								
	Bike >	1:10:04.467 (1:26:55.054)								
	Run >	0:33:37.816 (2:00:32.870)								
75	JIM ANDERSON	WINNIPEG, Man	TRIATHLETE	138	02:03:40.27	3:54/k	15.4kph	M	79	
	Swim >	0:24:05.654 (0:24:05.654)								
	Bike >	1:05:40.796 (1:29:46.450)								
	Run >	0:33:53.820 (2:03:40.270)								
76	ALLISON ST GODARD	STEINBACH, Man	TRIATHLETE	185	02:04:05.55	3:54/k	15.4kph	F	28	
	Swim >	0:20:05.217 (0:20:05.217)								
	Bike >	1:14:16.277 (1:34:21.494)								
	Run >	0:29:44.056 (2:04:05.550)								
77	LUC FOURNIER	WINNIPEG, Man	TRIATHLETE	153	02:04:19.08	3:55/k	15.3kph	M	48	
	Swim >	0:23:37.544 (0:23:37.544)								
	Bike >	1:06:43.500 (1:30:21.044)								
	Run >	0:33:58.036 (2:04:19.080)								
78	SANDRA BRACKEN	WINNIPEG, Man	TRIATHLETE	145	02:05:00.35	3:56/k	15.2kph	F	35	
	Swim >	0:19:13.914 (0:19:13.914)								
	Bike >	1:10:59.503 (1:30:13.417)								
	Run >	0:34:46.933 (2:05:00.350)								
79	RODICA DRAGOMIR	WINNIPEG, Man	TRIATHLETE	114	02:05:01.84	3:56/k	15.2kph	F	56	
	Swim >	0:23:24.187 (0:23:24.187)								
	Bike >	1:09:26.937 (1:32:51.124)								
	Run >	0:32:10.716 (2:05:01.840)								
80	SANDRA TOWN	SHILO, Man	TRIATHLETE	163	02:05:55.40	3:58/k	15.1kph	F	45	
	Swim >	0:23:20.327 (0:23:20.327)								
	Bike >	1:05:20.093 (1:28:40.420)								
	Run >	0:37:14.980 (2:05:55.400)								
81	MARCEL JOYAL	WINNIPEG, Man	TRIATHLETE	175	02:08:33.93	4:03/k	14.8kph	M	46	
	Swim >	0:24:58.994 (0:24:58.994)								
	Bike >	1:08:57.426 (1:33:56.420)								
	Run >	0:34:37.510 (2:08:33.930)								
82	JULIE RUBINGER	WINNIPEG, Man	TRIATHLETE	111	02:09:07.55	4:04/k	14.8kph	F	30	
	Swim >	0:19:56.524 (0:19:56.524)								
	Bike >	1:17:49.543 (1:37:46.067)								
	Run >	0:31:21.483 (2:09:07.550)								
83	CINDY SWAINE	WINNIPEG, Man	TRIATHLETE	103	02:12:04.85	4:10/k	14.4kph	F	56	
	Swim >	0:22:31.240 (0:22:31.240)								
	Bike >	1:08:27.024 (1:30:58.264)								
	Run >	0:41:06.586 (2:12:04.850)								
84	DEREK DUPONT	WINNIPEG, Man	TRIATHLETE	181	02:12:26.42	4:10/k	14.4kph	M	40	
	Swim >	0:24:55.070 (0:24:55.070)								
	Bike >	1:09:12.320 (1:34:07.390)								
	Run >	0:38:19.030 (2:12:26.420)								
85	EDWARD FRIESEN	WINNIPEG, Man	TRIATHLETE	189	02:12:56.36	4:11/k	14.3kph	M	37	
	Swim >	0:18:34.860 (0:18:34.860)								
	Bike >	1:16:52.434 (1:35:27.294)								
	Run >	0:37:29.066 (2:12:56.360)								

TRIPLE THREAT SPRINT

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
86	DARIA HYWORON	WINNIPEG, Man	TRIATHLETE	174	02:13:14.45	4:12/k	14.3kph	F	40	
	Swim >	0:24:21.840 (0:24:21.840)								
	Bike >	1:12:34.864 (1:36:56.704)								
	Run >	0:36:17.746 (2:13:14.450)								
87	MARNI ROBERT	WINNIPEG, Man	TRIATHLETE	115	02:13:27.49	4:12/k	14.3kph	F	42	
	Swim >	0:22:33.484 (0:22:33.484)								
	Bike >	1:14:54.316 (1:37:27.800)								
	Run >	0:35:59.690 (2:13:27.490)								
88	JACOB ERLANGER	WINNIPEG, Man	TRIATHLETE	148	02:15:02.07	4:15/k	14.1kph	M	18	
	Swim >	0:23:43.777 (0:23:43.777)								
	Bike >	1:10:56.203 (1:34:39.980)								
	Run >	0:40:22.090 (2:15:02.070)								
89	RUTH SIAPNO	WINNIPEG, Man	TRIATHLETE	173	02:22:51.27	4:30/k	13.3kph	F	48	
	Swim >	0:32:07.517 (0:32:07.517)								
	Bike >	1:16:03.397 (1:48:10.914)								
	Run >	0:34:40.356 (2:22:51.270)								
90	MICHAEL ERLANGER	WINNIPEG, Man	TRIATHLETE	147	02:37:20.17	4:57/k	12.1kph	M	57	
	Swim >	0:26:47.594 (0:26:47.594)								
	Bike >	1:17:07.443 (1:43:55.037)								
	Run >	0:53:25.133 (2:37:20.170)								
DQ	BRANDI SMITH	WINNIPEG, Man	TRIATHLETE	131	01:24:21.66	2:39/k	22.6kph	F	40	
	Swim >	0:14:24.270 (0:14:24.270)								
	Bike >	0:50:27.234 (1:04:51.504)								
	Run >	0:19:30.156 (1:24:21.660)								